



# Unis

Postgraduate Certificate in Spiritual Development & Facilitation

Passion for Human Potential

Unis

**University of Surrey**  
School of Management

# Spiritual Development and Facilitation



## Our Programme

This award-bearing programme of study offered by the School of Management is completely unique in Europe. A dedicated team of like-minded academics and professionals is committed to teaching and research in humanistic and transpersonal approaches to learning. The programme explores the nature of spirituality, personal and spiritual development and its facilitation in self, organisations and society. It aims to create an environment enabling open dialogue and appropriate expression and exploration of spiritual beliefs and practices in a way that is inclusive, and enriching for participants.

**Module 1.** Transformational learning: the main themes are holistic models of learning that is transformative for the individual; the nature of the self as human and self as spiritual and the concept of 'spiritual and emotional intelligence'.

**Module 2.** Spirituality from traditional and contemporary perspectives: exploring the richness of the Western and Eastern spiritual traditions, celebrating the diversity of spiritual practices and what these tell us about our own spirituality. Transpersonal psychology and theories and models of human consciousness will also be offered.

**Module 3.** Facilitating spiritual development: training in facilitation skills in methods and practices of spiritual development; understanding and appreciation of the concept of spiritual journeys within major faith / spiritual traditions; issues of ethics and the politics of change.

**Module 4.** Spirituality in the workplace and society: application of spiritual approaches in work environments and professional practice; social action; values and virtues in society, social and corporate responsibility and ethics.

*This is the intended content of the modules at the time of printing.*

The learning on the programme comes in three ways: through formal academic tutor input; through individual experiential learning during and between the workshops, and through group work during the workshops.

## Progression to a full Master's degree

This programme is offered as a group of modules providing one year (60 M Credits) of a Master's programme. The School of Management is developing further modules complimentary to this programme in such areas as change management and coaching for executive and community leadership and others.

## After the programme

The programme will create a learning and research community, linking with external academic and professional practitioners to disseminate and develop the knowledge and experiential research acquired on the programme. Students from the programme have offered positive endorsements:

## What passed students have to say...

"For me, the programme was an intense, rewarding and immensely fulfilling experience. The approach emphasises the importance of direct experience, enhances it through dialogue and group work and further deepens understanding through a rigorous academic requirement."

**Peter, an organizational consultant**

"The SDF course gave me insights into whole new areas of how we develop as spiritual beings."

**Andrew – consultancy to non-profit organisation**

"I felt myself grow and indeed transcend some of my own assumptions and core beliefs. I found the course invaluable in both my personal and professional development; I am so pleased to have participated in it."

**Chrissie Astell – Workshop Facilitator in Personal and Spiritual Development**

"The course has transformed my professional life, as it has become more enriched and purposeful."

**Anita, Occupational Psychologist**

"I found the Spiritual Development and Facilitation course a thoroughly worthwhile investment in my personal and professional growth."

**Serena Atkinson – Senior Manager in a major corporation**

# Teaching Staff profiles



**Dr Josie Gregoery – Programme leader for the Postgraduate Certificate in Spiritual Development.**

Josie has been developing her international profile as creator and Director of the International Conference on Organisational Spirituality (ICOS - [www.icosconference.com](http://www.icosconference.com)) and by keynote addresses and conference presentations in the UK and Europe. Her research interests include spirituality in work and learning environments, mysticism and humanistic education. Transformative learning and change at the individual, group and organisational levels. Ethics and psychotherapeutic practices and changes.

**Hilary Pinder – Visiting Lecturer**

Hilary has worked as a free-lance consultant in team and organisational development for nearly thirty years. She is an MBTI practioner and has trained in transpersonal and astrological counselling. She is currently doing a doctorate at Birmingham University on governance in intentional spiritual communities. Her passion is recognising difference and fostering its creative use.



**Eve Poole – Visiting Lecturer**

Eve teaches Leadership at Ashridge Business School with a particular focus on how best to maximise human potential at work. Her interests include emotional intelligence and organisational spirituality, and she is currently studying part-time at Cambridge for a PhD in Capitalism and Theology. Her first career was with the Church Commissioners for England, and before joining Ashridge she worked as a Change Management Consultant for Deloitte.

**Dr Mike King is a graduate from the MA Studies in Mysticism and Religious Experience**

Dr Mike King is a graduate from the MA Studies in Mysticism and Religious Experience at Canterbury, and writes extensively on the place of spirituality in culture, including its relation to science. He is a director of the Scientific and Medical Network (concerned with the science and spirituality) and on the Steering Group for the University for Spirit Forum (concerned with spiritual education at all levels in the UK).



**Dr Paul Tosey – Senior Lecturer in Management**

Paul Tosey is programme leader for the MSc Change Agent Skills and Strategies at the School of Management, an advanced programme for consultants and HR professionals. He has been a facilitator on this programme since 1992, and contributed to the development of the PG Certificate. In 2004/5 he received the University of Surrey's Learning & Teaching Award. His research interests include transformative learning and enquiry-based learning. As a practitioner he coaches leaders and senior managers, drawing on his training as a Master Practitioner in Neuro-linguistic Programming.

## FACTFILE

### Who is the Programme for?

The programme is for individuals with a deep interest in bringing their spirituality into their professional and community lives, for example, individual intending to bring spiritual values to their work; those working in organisations who want to include personal and spiritual development and organisational change; educators emphasising spiritual values in learning; health professionals; public services and directors, facilitators and others from centres of holistic health, education, and personal and spiritual.

### Entry Criteria

Normally a university degree or equivalent. (For those without formal qualifications but with relevant experience a non-traditional entry route is available). Experience in a relevant facilitator' role, and continuing work in a facilitator setting. Candidates need to be involved with their own personal development and demonstrate emotional intelligence and an ethical perspective.

### Assessment

The programme operates a tutor-, self- and peer-assessment process based on experiential learning and a theoretical essay of 3,000-3,500 words for each of the four modules.

## HOW TO APPLY

Applicants are asked to complete a standard University application form, and a written self-assessment showing the extent to which they meet the entry criteria (applicants usually have strengths and weaknesses across the entry criteria).

## ATTENDANCE

This is a one-year part-time programme, consisting of four modules. Each module comprises two four-day experiential non-residential workshops, roughly every month over a 10 month period. The attendance pattern is from Wednesday to Saturday from 0900 to 1700 hrs (attendance dates are provided with the application form).

## FEES

The fee is £3,000 (subject to approval) for the year. Fees are normally payable annually in advance of the academic year.

## SELECTION PROCEDURE

Those selected on the basis of the application forms and written self-assessment are invited for a reciprocal interview, where possible with two of the programme staff. The purpose of the interview is to assess co-operatively an applicant's readiness for the programme in relation to the stated entry criteria, and the suitability of the programme for their needs. We find a reciprocal interview to be highly effective in making decisions about entry to the programme and ensuring that the programme group is of an appropriate quality to operate well as a learning community.



## Excellent location

The University is located on a single campus landscaped site on the outskirts of Guildford. All the key facilities are within a few minutes walk.

Surrounded by beautiful countryside, the lively yet historic market town of Guildford is ideally situated just 9 miles from the M25, 35 minutes by train from London Waterloo, and with quick access to both Heathrow and Gatwick airports by road, rail or bus. Guildford offers an excellent variety of leisure, cultural and shopping facilities and is just a ten-minute walk from campus. Nightlife is lively, with three major nightclubs and a variety of pubs and restaurants to suit every taste and budget.

Further information can be found on the School of Management website at:

<http://www.som.surrey.ac.uk/contact/directions.asp>

'because it matters where **you** study'

For further information please contact:

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